

# Dementia

Support and information



## If you have concerns about dementia

We recommend that you first contact your GP to talk over your concerns. He or she may be able to make an initial diagnosis, and if necessary refer you to a specialist.

## What support can we offer?

There is a wide range of services to support people with dementia and their carers.

The support that we can offer includes:

- Advice, information and directing to other services.
- Assessments and carers' assessments.
- Daily living equipment.
- Home adaptations.
- Personal budgets, depending on your level of need and financial circumstances.
- Personal care at home.
- Respite care.

## How we can help carers

If you are a carer you can also have an assessment of your needs, regardless of whether the person you look after receives support from us or not. This assessment will look at how your caring responsibilities affect you and what sort of help you may find useful. A personal budget may be available following your assessment. This is for you to purchase your own support.

## “ Contacting us

We are available on **0300 1234 131**

Monday to Friday 8.30am to 6pm

or you can email us at

**[acessteam.referral@cornwall.gov.uk](mailto:acessteam.referral@cornwall.gov.uk)**

## Help outside normal working hours

For social care **emergencies** which require immediate action, you can call the Emergency Duty Worker on **0300 1234 131**:

- Weekdays 6pm to 8.30am
- Weekends from 6pm on Friday to 8.30am on Monday
- All public holidays ”

Adult Care, Health and Wellbeing • Factsheet

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Tel: 0300 1234 131

Email: [achw@cornwall.gov.uk](mailto:achw@cornwall.gov.uk) [www.cornwall.gov.uk](http://www.cornwall.gov.uk)

## Other support

There is a wide range of other support in Cornwall, from memory cafés and social groups, to specialist dementia training and support groups for carers. To find out more go to the **Cornwall Community Directory**:  
[www.cornwall.gov.uk/caredirectory](http://www.cornwall.gov.uk/caredirectory)

If you do not have access to the internet, you can ask your library, one stop shop, or us (**Tel: 0300 1234 131**) to look up information for you.

### Reading Well Books on Prescription

Visit your local library for self-help books on dementia.

## Financial and legal matters

Over time dementia may lead some people to lack the mental capacity to make some decisions about things like legal issues, finances and health matters. It is important to take appropriate steps as soon as possible to plan for the future. Impartial advice about this can be gained through a solicitor, your local Citizens Advice Bureau, or the Office of the Public Guardian (**Tel: 0300 456 0300**).

## Our other factsheets and leaflets

We have a range of information about adult care and support services. Leaflets and factsheets are available at [www.cornwall.gov.uk/healthandsocialcare](http://www.cornwall.gov.uk/healthandsocialcare) or by contacting us:

- Tel: **0300 1234 131**
- Email: [achw@cornwall.gov.uk](mailto:achw@cornwall.gov.uk)
- Your nearest **one stop shop** ([www.cornwall.gov.uk/onestopshops](http://www.cornwall.gov.uk/onestopshops))

## “ Have your say!

We welcome your comments, compliments and complaints to help us improve our services.

If you would like to give us feedback, please call us on **01872 322 655**

Email: [achw.feedback@cornwall.gov.uk](mailto:achw.feedback@cornwall.gov.uk)

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