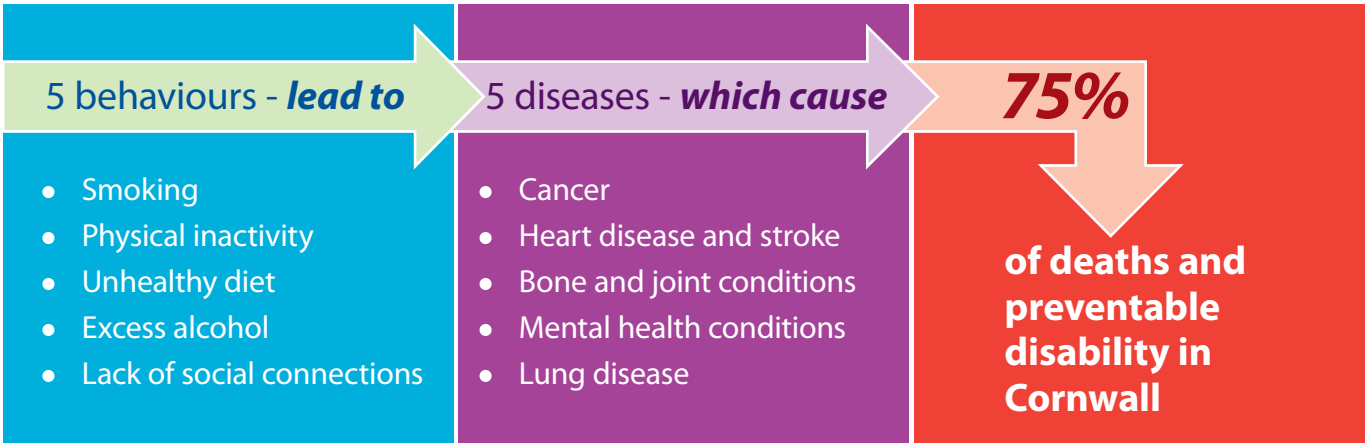
5 behaviours - lead to
Smoking
Physical inactivity
Unhealthy diet
Excess alcohol
Lack of social connections
5 diseases - which cause
Cancer
Heart disease and stroke
Bone and joint conditions
Mental health conditions
Lung disease
75%
of deaths and preventable disability in Cornwall