

Drugs - reducing harm and promoting recovery

Why is this issue important for Cornwall and the Isles of Scilly?

Whole community

There are an estimated **2,382** problematic opiate and/or crack users (OCUs) in Cornwall¹

Last year amongst 16-59 year olds **8.8%** (1 in 11) used illicit drugs = **24,700 people** in Cornwall²

3.1% used class A Drugs²

2.3% used Cocaine²

Costs

£26k

Estimated cost of crime per opiate/crack user not in treatment²

£106m

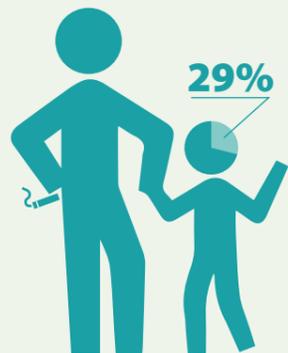
Potential annual cost to local society²

Personal costs

Deaths

16 drug related deaths annually²

Deaths among heroin users are **10 times** the death rate in the general population² **10X**



29%

Hidden harms to children and families

Parent drug use is a risk factor in **29%** of all children's serious care reviews³



Rehab case study

Before I came to Bosence Farm my life was upside down and any skills I had with regards to living had turned in on me and my fellow man. The drugs had taken over my life and my addiction was making all of the choices just so I could get more what I needed (drugs) to live, so I would not have to look at myself or my past. I hated who I was, what I had become. I could not see a way out. I spent some time at the Farm looking at how my addiction had manifested and how it was affecting me. With the help of staff and my peers I was able to learn how to let go of old useless behaviours and put into practice new positive attitudes. I learned to ask for help and was given hope and encouragement when all I felt was despair. The Farm showed me that the good person I was still in there. I learned to look after myself and treat myself with respect; to treat others with respect and to take responsibility for my recovery; to face my fears and take my life back. During my time at Bosence I not only had time to look at my life and where it was going but to turn it all around. I had the time to build up a support network to continue to help me after leaving Bosence.



Inequalities

14% - Over 6,700 people with a mental health condition in Cornwall and the Isles of Scilly are estimated to also have drug dependency²

Of drug treatment service users...

70% are on benefits⁴

30% have a housing problem



Women make up **27%** of adults in treatment and are more likely to be carers of children often experiencing poor mental health, domestic violence and abuse that may impact upon their recovery

Evidence

Cornwall and Isles of Scilly have an annual Drug Needs Assessment to inform the Drug treatment Strategy and Commissioning priorities

NICE guidance provides evidence on effective drug interventions



What is being done locally to address this issue?

What are the local outcomes?

Proportion in effective treatment

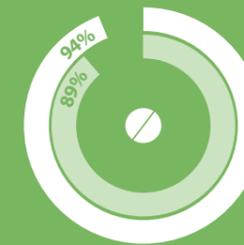
● Cornwall ● National



Opiate

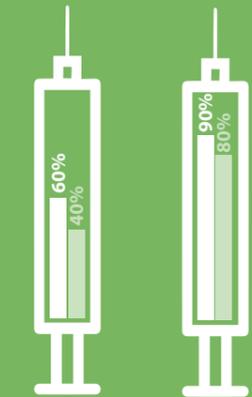


Non opiate



Non opiate and alcohol

Preventing blood-borne viruses



Accepted Hep B Vac

Hep C Test Received



Specialist treatment

1,139 opiate users and 543 non-opiate users engaged in specialist treatment in 2014/15⁵



Young people

96 young people required specialist drug and alcohol treatment⁵ Services were developed for those experiencing problems related to new psychoactive substances and prescription-only medication



Primary care

70% of drug treatment can be delivered by GPs, with 22 practices providing specialist drug treatment in the community⁶



Families

Families can access help together, especially where more than one member requires assistance



Harm reduction

29 pharmacies participate in the needle exchange scheme to prevent the spread of blood borne viruses. Supervised consumption of prescribed medication is offered at 59 pharmacies



Partnership working

Pathways between treatment and employment services have been developed



Pathways into accommodation, have been developed, improving the housing situation of people in treatment to support their recovery

People who experience mental health, domestic abuse and sexual violence can have their issues managed jointly now. Housing protocol for prolific, priority offenders



Drug prevention can help young people get into education, employment and training

Local advice and support

Services are free and confidential

Anyone in Cornwall/Isles of Scilly concerned about their own use (or someone else's) can contact **Addaction Cornwall** for advice or support: **0333 2000 325**



Why invest?

Every **£1** spent on drug treatment saves **£2.50** in costs to society in Cornwall⁷

Prevention of drug-related crime and increase in health and wellbeing in Cornwall: estimated **£6m** saved annually⁸

Notes: 1. PHE (2014) Drug prevention, treatment and recovery for adults: JSNA support pack 2. Arthur, A. et al (2015) Cornwall & Isles of Scilly Adults Drugs Prevention, Treatment & Recovery Needs Assessment 2014/15 3. PHE (2015) Alcohol and drugs prevention, treatment and recovery: why invest? 4. Bauld, L. et al. (2010) Problem Drug Users Experience of Employment and the Benefit System. Department for Work and Pensions

Notes: 5. PHE (2015) Diagnostic Outcomes Monitoring Executive Summary 6. Cornwall Council contracting data 2014 7. PHE (2015) Alcohol and drugs prevention, treatment and recovery: why invest? 8. Arthur, A. et al (2015) Cornwall & Isles of Scilly Adults Drugs Prevention, Treatment & Recovery Needs Assessment 2014/15 © Cornwall Council and Council of the Isles of Scilly