

Looking after Sexual Health

Why is this issue important for Cornwall and the Isles of Scilly?

Whole community



Teenage conceptions result in a termination¹



Evidence
Evidence shows comprehensive relationships and sex education combined with accessible young people friendly contraceptive services has the strongest impact on teenage pregnancy



The infant mortality rate is 44% higher for babies born to teenage mothers³

There is also a strong association between deprivation and teenage conception rates across England with rates highest in the most deprived areas

Over 3,000 new STI diagnoses locally each year⁴

Young people and men who have sex with men are the groups most affected by STIs, but STIs can affect everyone

Personal costs

Undiagnosed Chlamydia can cause long term problems including infertility



People who are diagnosed with HIV late face a ten times higher mortality risk in the year following diagnosis⁵

Inequalities



Two thirds of chlamydia diagnoses in 2014 were amongst young people aged 15-24⁶

One parent's journey

In 2007 Jenny attended a Speakeasy course at her children's primary school. Jenny enjoyed it so much that she decided to train as a Speakeasy facilitator enabling her to run her own groups for other parents and carers.

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Attending the Speakeasy course has given Jenny the confidence and knowledge to discuss the many issues surrounding relationships and sexual health with friends, family and colleagues.

.....
Speakeasy has improved Jenny's personal confidence leading to her joining the school's PTA and then becoming a parent governor.

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For more information about Speakeasy contact the Health Promotion Service on (01209) 313419

What is being done locally to promote good Sexual Health?

Education

In 2014/15 **Brook** carried out 13,711 contacts with young people

In 2014/15 **Speakeasy** became mandatory training for local authority foster carers

Healthy Schools provide training and resources to help staff deliver effective, age-appropriate relationships and sex education

Talk RSH multiagency training programme supports the children's workforce to be positive sources of information and support for young people

Changing culture



Talk RSH encourages people of all ages to talk about relationships and sexual health

55 **Brook Sexual Behaviours Traffic Light Tool** training sessions have been delivered to professionals in Cornwall since its launch last year

Savvy Kernow accredits young people-friendly sexual health services



Why invest?

The Kings Fund estimates that every £1 spent in preventing teenage pregnancy saves £11 in health care costs alone⁷

Partnerships

Cornwall's Sexual Health Partnership Group includes Public Health, Children's Services, Royal Cornwall Hospital Trust, Brook, The Health Promotion Service and KCCG

What are the local outcomes?

1998 39.8 females per 1,000



2014 18.2 females per 1,000



Teenage conceptions per 1000 females under 18⁸

24.1 per 1,000 (national average) in 2014

Cornwall & the Isles of Scilly aim to increase its detection of chlamydia from 1,844 per 100,000 (2014) to 2,300 per 100,000 in order to meet infection control targets⁹

Accessible Contraceptive and Sexual Health Services



22% of 15-24s had a Chlamydia screen in 2014¹⁰



91% GP practices provide Long Acting Reversible Contraception¹¹

15 000+ Condom Card registrations for young people aged 13-25¹¹



101 Pharmacies commissioned to offer free emergency contraception to under 25s¹¹

Local advice and support

To find out about sexual health services in your area please visit www.cornwallshac.org.uk
Further advice, information and guidance is available for young people at <http://www.savvykernow.org.uk/>
For more information about Cornwall's approach to teenage pregnancy and meeting young people's sexual health needs please visit www.cornwall.gov.uk/teenagepregnancy

Notes 1. ONS (2015), Conception Statistics, England and Wales, 2013 2. Estimate for Cornwall & Isles of Scilly derived from Rudd, A. et al (2013) The Morning After: A cross Party Inquiry into Unplanned Pregnancy, 2013, 2020health.org 3. ONS, Mortality rate Infant mortality rate: Childhood, Infant and Perinatal Mortality in England and Wales, 2012. ONS, February 2014 4. PHE (2015), Sexual and Reproductive Health Profiles, New STI diagnosis rate/100,000 for Cornwall, 2014 5. PHE (2014) HIV in the United Kingdom: 2014 Report 6. PHE Infection report (2015) Sexual Transmitted Infections and Chlamydia Screening in England 2014

Notes: 7. The King's Fund and Local Government Association (2014) Making the case for public health interventions. 2014 8. Quarterly Conceptions to Women Aged Under 18, England and Wales, Quarter 2 April to June 2014 9. PHOF chlamydia detection rate indicator 3.02, 2014 10. Sexual and Reproductive Health Profiles, Chlamydia proportion aged 15-24 screened, 2014 11. Cornwall Council contracting data, 2014

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