



Tregarne during open event

## Where we are

You can find Tregarne at North Street, St Austell, PL25 5QE

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For more information about Tregarne, visit [www.cornwall.gov.uk/tregarne](http://www.cornwall.gov.uk/tregarne).

Prepared by:

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For information about Education, Health & Social Care, visit the website on [www.cornwall.gov.uk](http://www.cornwall.gov.uk)

If you would like this information in another format please contact:

**Cornwall Council**  
**County Hall**  
**Treyew Road**  
**Truro TR1 3AY**

Telephone: **0300 1234 100**

Email: **[enquiries@cornwall.gov.uk](mailto:enquiries@cornwall.gov.uk)**

**[www.cornwall.gov.uk](http://www.cornwall.gov.uk)**

# Tregarne

Short Breaks

Community and Support  
Services

## What does Tregarne offer?

Specialised Short Breaks Service for people with Learning Disabilities aged 18 and over.

The service provides full support during stays for personal care, medication, meals and transportation, where needed. Guests are provided with their own rooms, with television, DVD player and en suite facilities.

Tregarne staff pride themselves in providing a safe environment for guests when they are away from home.

Tregarne is situated a short distance from the train and bus stations.

Emergency and planned admissions are considered on an individual basis.



A single bedroom. Rooms with hoist or other equipment are available if required.

## Activities

Guests staying at Tregarne are encouraged to take part in activities in the community such as

- Walks
- Visits to local places of interest
- Days out to activity/fun parks
- Trips to the beach
- Barbeques
- Cinema
- Ten pin bowling
- Social groups
- Local restaurants and pubs

Other activities are considered according to the requests of guests

## Accommodation



The kitchen at Tregarne. Guests are encouraged to use the kitchen facilities and provided with support to do so if needed.



A Lounge area for use by the guests.