



For information about Adult Care, Health and Wellbeing, visit the website on www.cornwall.gov.uk/healthandsocialcare

If you would like this information in another format please contact:

Cornwall Council
County Hall
Treyew Road
Truro TR1 3AY

Telephone: **0300 1234 100**

Email: **enquiries@cornwall.gov.uk**

www.cornwall.gov.uk

November 2013

Pathfields

Community and Support
Services

Who we are

Pathfields service is a small service for adults with learning disabilities and their families/carers to have an opportunity to promote their citizenship, in their own style, within the community.

Where we are

You can find Pathfields Day Centre at
Bungalow No 1
Pathfields
Bude
EX23 8DW

Tel: 01288 356 235

For more information about Pathfields, visit www.cornwall.gov.uk/pathfields

You can also contact

Team Leader Sarah Coleman
by email on
scoleman@cornwall.gov.uk

Regular activities

Pathfields' ethos is to be involved directly in services, in the community, to join in local activities. For example

- Walking
- Swimming
- holistic massage
- bowling
- horse riding
- tennis
- mini golf
- snooker
- college courses
- employment, (paid and voluntary)
- coffee mornings and exercise for mobility
- religious groups
- football
- canoeing
- surfing
- and more!

Special events

Pathfields offers evening and weekend activities, for example, theatre trips, pantomimes, local gala nights, charity organised fun day, Christmas parties and annual holidays. We fundraise ourselves to fund these activities.

We also participate in supporting and promoting, national charities, for example, Red Nose Day and Children in Need. (see picture below)



Pathfields staff support a number of individuals' health needs, by supporting them to access and communicate with GP's, nurses, opticians, health care workers, dentists and hospital visits.