



For information about Adult Care, Health and Wellbeing, visit the website on [www.cornwall.gov.uk/healthandsocialcare](http://www.cornwall.gov.uk/healthandsocialcare)

If you would like this information in another format please contact:

**Cornwall Council  
County Hall  
Treyew Road  
Truro TR1 3AY**

Telephone: **0300 1234 100**

Email: [enquiries@cornwall.gov.uk](mailto:enquiries@cornwall.gov.uk)

[www.cornwall.gov.uk](http://www.cornwall.gov.uk)



**PARK VIEW**

November 2013

# Park View

Community and Support Services

## Who we are

Park View has been established to provide a community-based service for Helston and the surrounding areas.

We are based in a new community building on the site of the old cattle market adjacent to the park, boating lake and Penrose amenity area, which provides us with a wonderful outside space for our service users to enjoy.

The building itself is eco-friendly, bright and spacious. We aim to provide a 'home from home' atmosphere, from which people, assisted by our excellent staff, can be supported to pursue chosen activities and use local services and facilities.

## Regular events

We host a coffee morning every fourth Thursday of the month (with the exception of December when it will be on Wednesday December 18.)

We also regularly host Shallal, 'Fit to Wiggle' and People First's meetings - details can be found in our monthly newsletter

## Activities

We currently provide a range of day activities, on a regular basis, including:

- Arts and Crafts
- Baking
- Book sales
- Bowling
- Dance and Drama
- 'Fit to Wiggle'
- Floristry
- Gardening
- Jewellery making
- Meal preparation
- Music
- Pottery
- Shopping
- Swimming
- Trips out (like Helston Fire Station, opposite, and Stithians Lake, overleaf)
- Work experience in the community

## Where we are

You can find Park View at

Old Cattle Market  
Porthleven Road  
Helston  
TR13 0SR

We are open 9am – 4pm, Monday to Friday.

Telephone: 01209 615056

or email Team Leader Jane Cavanagh at [jcavanagh@cornwall.gov.uk](mailto:jcavanagh@cornwall.gov.uk)

or Charlotte Trengove at [ctrengove@cornwall.gov.uk](mailto:ctrengove@cornwall.gov.uk)

For more information about Park View, visit

[www.cornwall.gov.uk/parkview](http://www.cornwall.gov.uk/parkview)

