

Reference Number: FOI-101004487058

Response provided under: Freedom of Information Act 2000

Request and response:

- 1) What specific provision is available in your area for children and young people diagnosed with conduct disorder and those with conduct difficulties? Please list individual services and tiers they fall under (e.g. Tier 2 or targeted; Tier 3 or community specialist or Tier 4 or inpatient).**

Tier 2 and 3 CAMHS services are provided by Cornwall Partnership Foundation Trust. There is currently no Tier 4 CAMHS services provided within Cornwall.

Diagnosis of Conduct Disorder is through CAMHS / Paediatrician. Depending on the severity of the problem support can be offered across different settings, for instance in the home or education setting. The help offered will depend upon the child's development, age and circumstance. Involving & supporting the family is very important. Focusing on strengths & identifying any problem areas for the young people, e.g. learning difficulties. This support will be provided by a range of professionals at Universal (Education), Tier 2 for example SCIP (Supporting Change in Partnership - time limited intervention – social care). Other support can be accessed via GTY, Youth Workers and Youth Justice, Independent sector providers e.g. White Gold.

- 2) What mental health provision is available in your area for children and young people in contact with social services, including looked after children, children in need or children under child protection orders? Please list individual services and corresponding tiers as above.**

The Child and Adolescent Mental Health Service is commissioned by the Clinical Commissioning Group and provided by Cornwall Foundation Trust. This relates to Tier 2 and Tier 3; currently there is no Tier 4 provision in Cornwall, although a Tier 4 Unit is due to be opened this autumn. These services work alongside children's social care, including looked after children, children in need or children under child protection orders. Referrals are made via the multi-agency Early Help Hub.

We follow the national guidelines for working with vulnerable groups that emphasize working through their existing relationships. We have Clinical Psychologists embedded in the children in care teams, 16 plus team, Family Plus Team and the Child Protection Teams. The Psychologists support the Social Workers and carers to work psychologically with children through their relationships. This is done mainly through consultation and training but we also do more complex assessments and also run groups for carers.

The jigsaw services provides post sexual abuse support for all children in Cornwall involved with social care. This involves trauma focused counselling for children usually ten sessions but can be extended. We are moving away from the language of tiers in Cornwall and instead have adopted the i-thrive model – Jigsaw would be classed as ‘getting help’ (short term, evidence based goal directed). Jigsaw also does some direct work with children in care and care leavers at the getting help level (short term counselling). Children who need longer term or more complex approaches are either referred through to specialist CAMHS or specialist packages of care are commissioned by senior managers and funded when necessary.

We also jointly commission First Light as part of the Safer Cornwall Partnership this service offers offer post domestic abuse and post sexual abuse therapy for children and adults

For children who have been adopted we make use of the adoption support fund to buy in suitable therapies

We also have the Video interactive Guidance service for families involved with Social Care to support parents to attune to their children

Children’s social care also have a range of therapists working as part of multi-disciplinary teams, including Functional Family Therapy and Theraplay.

Kooth is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop and free at the point of use. They also provide face to face counselling for us.

The Council commissions Learning Partnership Company to provide one to one support to young people aged 10-16 to promote emotional resilience and mental wellbeing utilising funding from the National Lottery Community Fund. This enables young people to develop coping strategies and provides access to other relevant community support. It is available for young people identified as needing support some of whom may be receiving support from social services.

3) Is there specific provision in your area to support young people transitioning from child and adolescent mental health services to adult mental health services? Yes or no answer please. Please specify if CAMHS in your area covers individuals aged 18 and over and please specify the age range covered.

No. CAMHS services are provided by Cornwall Partnership Foundation Trust, but they do not provide services for young people over the age of 18. Further information can be found by contacting CAMHS and Cornwall Partnership Foundation Trust directly.

4) Do you engage with any of the following to understand the mental health needs of children and young people in your area?

- a) Healthwatch**
- b) Children and young people and their families**
- c) Community and/or faith groups**
- d) Charities or other NGOs (if yes, please specify which ones)**

a) Healthwatch is a statutory Member of the Health & Wellbeing Board, and Public Health are carrying out stakeholder engagement on the Health and Wellbeing Strategy.

b) There is regular engagement with children and young people through the Together for Families directorate, and this includes emotional health and wellbeing issues.

c) Community and Faith Groups are members of the Children's Overview and Scrutiny Committee and are represented on the Our Safeguarding Children's Partnership.

d) The voluntary sector is represented on the Our Safeguarding Children's Partnership and the One Vision Partnership Group. For example, we have close links with Carefree. The young people feed into the corporate parenting strategy and support us with interviewing staff etc

Information provided by: Together for Families

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