

Beate Webb

My name is Beate and I'm the tutor for Level 4 in Therapeutic Counselling.

Level four therapeutic counselling is to prepare people to work as a counsellor in the agency's environment, after some years of experience you can go into private practise.

Our students have some life experience, they work or volunteer in the helping professions. They are people who want to know themselves better. The level two is open to a wide variety of people who already work in a professional environment like teachers, nurses, for beauty therapists, or hairdressers even. The level two will teach the basics of how to listen to a person, not just hear them. Professionals were more open to people after the level two, having a better relationship with patients. Those who enjoy it go on to do level three and level four because it's just one day a week, sometimes even in the evening which you can easily manage in your work environment.

After the course, because they know themselves, they have wider choices and they know what they want to do. They are not afraid anymore. They are more open to 'yes I can do it', because the whole course is helping them. People really value themselves as a person, I think that is the most important thing, to become a new you.

It's totally different to a college environment, there's lots of support for people with any conditions like dyslexia and there isn't so much 'academic' work to do here. The course is much more experiential, its more about the doing and growing inside as a person. With everything we do we can support people to step out of their comfort zone.

Level two is just 18 weeks which is very quick and student friendly course. It's a step to a new future for you so just do it.