



# Notes

**Meeting:** Launceston Community Network Panel

**Date:** Thursday 9th January 2020

**Time:** 7.00pm-9pm

**Location:** The Guildhall, Launceston Town Hall, Launceston.

<b>Present</b>	<b>Title/Representing</b>
Neil Burden CC (Chair)	Cornwall Councillor - Stoke Climsland
Gemma Massey CC	Cornwall Councillor – Launceston Central
Adam Paynter CC	Cornwall Councillor - Launceston North & North Petherwin
Jade Farrington CC	Cornwall Councillor – Launceston South
Adrian Parsons CC	Cornwall Councillor – Altarnun
Councillor Dave Gordon	Launceston Town Council
Councillor Jane Nancarrow	Launceston Town Council
Councillor Nicola Gilbert	Launceston Town Council
Councillor Leighton Penhale	Launceston Town Council
Councillor Brian Hogan	Launceston Town Council
Councillor John Harris	Launceston Town Council
Councillor Margaret Young	Launceston Town Council
Councillor Helen Bailey	Launceston Town Council
Councillor Dawn Rogers	South Petherwin Parish Council
Councillor Ian Nash	Lezant Parish Council
Councillor Jerry Forbes	Stoke Climsland Parish Council
Councillor Helen Price	Werrington Parish Council
Councillor Joan Heaton	St Stephens by Launceston Rural Parish Council
Councillor Michael Screech	South Petherwin Parish Council
David Sillifant	Cornish & Devon Post
Paul Ford	Cornwall Partnership Foundation Trust
Julie Pollard	Volunteer Cornwall
Residents	2
Chris Gendall	Chief Operating Officer – Cornwall Partnership NHS Foundation Trust
Suzanne Wixey	Cornwall Council, Service Director Adult Care and Support
Laura Chapman	Community Maker, Volunteer Cornwall

Eleanor (Ellie) Mason	Launceston Life
Scott Sharples	Cornwall Council, Devolution Team
Chris Sims	Cornwall Council, Community Link Officer
Matt Barton	Cornwall Council, Head of Chief Executive's Office
Julian Morris	Police Sector Inspector
<p><b>Apologies for absence:</b>  Nikki Drewett (Cornwall Council, Communities Support Assistant), Ren Jackaman (Parish Clerk, Stoke Climsland), Cllr Rob Tremain (Launceston Town Council), Kate Kennally, (Cornwall Council, Chief Executive and Corporate Leadership Representative)</p>	

## Notes:

Item	Key/Action Points	Log No. (Action by)
1	<p><b>Health &amp; Safety Information (Chair / Community Link Officer)</b>  The Chair explained the health and safety arrangements for the meeting.</p>	
2	<p><b>Introductions and Apologies</b>  Neil Burden CC (Chair) welcomed everyone to the meeting. The Chair provided the new Police Sector Inspector, Julian Morris with an opportunity to introduce himself. Inspector Morris has 26 years of experience in response and community policing and offered the meeting his future attendance and Chris Sims has contact details if needed.  The Chair invited Inspector Morris to attend when he is able to.</p>	
3	<p><b>Transformation of Adult Social Care &amp; Health / Long Term Plan for Health and Care</b></p> <p>Suzanne Wixey (Service Director Adult Care and Support) and Chris Gendall (Chief Operating Officer – Cornwall Partnership NHS Foundation Trust) attended to present to the Panel in respect of the transformation of adult social care and health. Locally the team has been developing a Health and Well-being Strategy which will complement the NHS Long Term Plan.</p> <p>Extensive consultation and engagement work has been undertaken, with a large number of workshops being delivered to gather views.</p> <p>David Wilson (newly appointed NHS Director for the area) was introduced to the meeting.</p> <p>Chris Gendall set out some of the achievements so far including co-located services in Penzance and highlighted how a system approach is taken to provide complimentary working practices across teams.</p>	

	<p>Challenges</p> <ul style="list-style-type: none"> <li>• growing population which will require working differently to provide community resilience and personal independence in the home for longer.</li> <li>• Health inequalities and the baby boomer effect all mean that there is additional health pressure in the system.</li> <li>• Staffing shortages, recruitment and home grown talent are all areas of development that are being addressed but will take time to impact.</li> <li>• Using limited resources to the best effect</li> <li>• Geography and provision of services</li> <li>• Making better use of technology such as Skype to received consultations and ‘virtual’ appointments</li> </ul> <p>The presentation set out the 12 planned actions on which the consultation has been seeking views. These can be viewed in more detail in the attached presentation.</p> <p>Suzanne outlined the important role of working with the voluntary and community sector in delivering care outcomes. She went on to introduce the concept of social prescribing and talked about personal health budgets.</p> <p>A plea was made for people to take up flu jabs to assist in reducing pressure on the hospital system. Also by using the NHS helpline to assist can help to manage the pressure on front line services. Neil Burden CC highlighted that a number of services are closed at night locally so access to services out of hours was limited. Suzanne agreed to take the feedback from the meeting away.</p> <p><u>Questions/Answers/Comments</u></p> <p>Q – who is responsible for publicising the need for flu jabs to be given?  A – Clinical Commissioning Groups– General Practices are commissioned to deliver the services and Practices also write to the specified categories of people to invite them to have a jab. Campaigns on the radio also take place.</p> <p>Q – Was your plan produced from a national template? Presumably these are all national issues?  A – we are guided by legislation and the NHS plan. Each local area has to deliver against that plan but how each area does that is down to the area to develop a localised response. The response has taken 2 years plus to develop. The plan is produced internally (clinicians and the public) and not by external consultants. It evolves over time.</p> <p>Q – An ambitious plan and funding is always a challenge –particular challenges for Launceston include rurality and lack of cross border</p>	SW
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	<p>collaboration with Devon. Problem with elderly people taken to Derriford or Barnstable. Recent example of people with dementia with families in Cornwall being sent home in taxis with no care plan in place. Some with mental health issues.</p> <p>A – Points all well made and work is underway to improve discharge planning to make sure that nobody falls through the gaps.</p> <p>Q – Technological issues experienced with computers in ambulances and care centres not talking to each other and therefore staff time being wasted on multiple inputting of data.</p> <p>A – This is addressed in the NHS Long-Term Plan , legislation is also in place to make systems talk to each other. We are bound by information governance rules and we challenge issues that occur as a result.</p> <p>Q – As part of a place shaping piece of work, I have been charged with mapping services locally, about 94 recorded so far, estimate 300 might exist. Children’s service not wanting to be part of the mapping process so any help with trying to assist with that appreciated.</p> <p>A – Thank you for that that work and happy to support where possible. A conversation with David Wilson (DW) would be useful</p> <p>Q – With regards to national funding, does the government take local factors into account when understanding the local circumstances in Cornwall? i.e. population growth and visitors to the area.</p> <p>A – Recognising the challenge – in relation to rurality issue – limited public transport options, high cost to access care. Local finance directors are professional at approaching government for local funding. Agree that funding should be realigned to need.</p> <p>Comment – Congratulate Cornwall Partnership Trust on Sowenna delivery A - £10+ million pound build of which we are proud.</p> <p>Q – Is Sowenna full all the time? A – Met with NHS yesterday and it was full within a matter of weeks. Allows us to repatriate young people back into Cornwall and has been successful in doing so.</p> <p>Q – Renal dialysis facilities closed locally before Christmas – 6 machines. A – unaware of that and we will take that away from the meeting to look into.</p>	<p>DW</p> <p>CG &amp; CS</p>
4	<p><b>Social Prescribing</b></p> <p>Laura Chapman (Community Maker, Volunteer Cornwall) and Julie Pollard (Co-ordinator) attended the meeting to outline what social prescribing is – see attached presentation.</p>	

	<p>Social prescribing could be an alternative to taking medicine or could assist people obtaining new skills to help people back into work.</p> <p>Social prescribing appointments allow time to discuss a range of life situations which impact on an individual, with a view to signposting people to services and activities that can help with well-being. One of the highest reasons for referrals is social isolation, after mental health (54%). The scheme has a small enabling fund that can sometimes remove a financial barrier to help people overcome issues which might limit access to help. E.g. purchase of gardening equipment.</p> <p>The scheme is CC and Department of Health funded with a range of partner organisations. Social Prescribing is included in the 5 year health plan discussed in the previous presentation.</p> <p>Social prescribing is not necessarily new but has been labelled more formally now. It is recognised as having long term benefits that complement more traditional approaches.</p> <p>All areas will have access to social prescribing via Primary Care Networks's (Clusters of GP surgeries). 2 additional social prescribing link workers are going to be working in the east of the county, with the Saltash person already in place.</p> <p>Often people have multiple issues that present when they come to an appointment. To date 3200 referrals across the county. There is a Female 66% to male 33% split taking up the service offer. Many activities are free and some have a small charge to allow as many people to participate as possible. Over 70% of the people that have fed back say they feel better following social prescribing.</p> <p>Currently 27 link workers in post across the county via different partners, with a new post covering the Launceston, Callington and Gunnislake area in the next couple of months.</p> <p>The Chair thanked Laura and Julie for their informative presentation.</p> <p><u>Questions/Answers/Comments</u></p> <p>Q – Are the link workers on a salary? A – Yes – funding confirmed for the next few years</p>	
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5	<p><b>Climate Change Working Group Feedback</b></p> <p>Well attended meeting – CS provided some feedback. It is a working group of the Network Panel and will report back regularly. Notes will be circulated shortly along with the recommended terms of reference.</p> <p>One idea was to look at an area based climate action plan that parishes could tailor for their needs. CS highlighted the ‘ask’ for volunteers from each parish to join the group to work collaboratively.</p> <p>There was also a discussion about publicising good news stories and using social media to share the positive work already being undertaken. Please forward any such information to CS.</p> <p>North Hill have organised a Climate Emergency action and information fair on 15<sup>th</sup>/16<sup>th</sup> Feb at North Hill – everyone is encouraged to attend.</p> <p>One of the requests of the parishes relating to the Forest for Cornwall was whether there may be local landowner links that might support the initiative. Neil Burden CC highlighted the grant opportunities for tree planting that are available. Please liaise with CS on any possible land for tree planting</p>	<p>ALL</p> <p>ALL</p> <p>ALL</p> <p>ALL</p>
6	<p><b>Notes of the last meeting (Thursday 26<sup>th</sup> September 2019)</b></p> <p>The notes of the meeting were approved.</p>	
7	<p><b>Cornwall Councillor Updates</b></p> <p><u>Neil Burden CC</u> – Budget consultation out at the moment for comments. Anticipate rise of 3.99%</p> <p>New waste contract been approved today and fortnightly collections for black bags and recycling to take place with weekly food collections. New bus contract has been announced with improved route links and more frequent services. There is going to be a Launceston to Bodmin Parkway link.</p>	
8	<p><b>Town and Parish Council Updates</b></p> <p><u>St Stephen by Rural Parish Council (Cllr Conway)</u> Our parish has another village green, making 3 now.</p>	
9	<p><b>Public Questions</b></p> <p>Comment – inter agency database mapping plea if anyone wishes to add their details to highlight what services are available. CS has contact details if needed.</p>	<p><b>ALL</b></p>

<b>10</b>	<p><b>Other items not covered by the Agenda</b> (at the discretion of the Chair)</p> <p>9 highways schemes completed at present facilitated by the Community Network Panel and CS chasing up other schemes.</p> <p>Matt Barton (representing Kate Kennally) re-iterated the CC announcements on waste and bus contracts.</p> <p>The Chair declared the meeting closed at 8.59pm</p>													
<b>11</b>	<p><b>Next Meeting</b></p> <p>Date: Thursday 19<sup>th</sup> March 2020 at 7pm (Climate Change meeting at 6pm)  Venue: The Guildhall, Launceston Town Hall  Topic: Environmental Health &amp; Enforcement</p>													
<p><b>Contact Officers:</b>  If you have any queries about the Community Network Panel, please contact:</p> <table border="1"> <thead> <tr> <th data-bbox="165 943 245 969">Name</th> <th data-bbox="429 943 491 969">Role</th> <th data-bbox="938 943 1082 969">Telephone</th> <th data-bbox="1203 943 1278 969">Email</th> </tr> </thead> <tbody> <tr> <td data-bbox="165 1016 300 1043">Chris Sims</td> <td data-bbox="429 1016 735 1043">Community Link Officer</td> <td data-bbox="938 1016 1123 1043">01579 341481</td> <td data-bbox="1203 1016 1422 1088"><a href="mailto:chris.sims@cornwall.gov.uk">chris.sims@cornwall.gov.uk</a></td> </tr> <tr> <td data-bbox="165 1137 363 1164">Nicola Drewett</td> <td data-bbox="429 1137 839 1164">Communities Support Assistant</td> <td data-bbox="938 1137 1123 1164">01736 336506</td> <td data-bbox="1203 1137 1437 1209"><a href="mailto:nicola.drewett@cornwall.gov.uk">nicola.drewett@cornwall.gov.uk</a></td> </tr> </tbody> </table> <p><b>Address:</b> St Austell One Stop Shop, Room 228, 39 Penwinnick Road, St Austell, PL25 5DR</p> <p><b>Website:</b> <a href="http://Launceston Community Network">Launceston Community Network</a></p> <p><b>Notes published:</b> January 2020</p>			Name	Role	Telephone	Email	Chris Sims	Community Link Officer	01579 341481	<a href="mailto:chris.sims@cornwall.gov.uk">chris.sims@cornwall.gov.uk</a>	Nicola Drewett	Communities Support Assistant	01736 336506	<a href="mailto:nicola.drewett@cornwall.gov.uk">nicola.drewett@cornwall.gov.uk</a>
Name	Role	Telephone	Email											
Chris Sims	Community Link Officer	01579 341481	<a href="mailto:chris.sims@cornwall.gov.uk">chris.sims@cornwall.gov.uk</a>											
Nicola Drewett	Communities Support Assistant	01736 336506	<a href="mailto:nicola.drewett@cornwall.gov.uk">nicola.drewett@cornwall.gov.uk</a>											