



9th April 2020

Exception to COVID 19 exercise and stay home guidance

This letter is aimed at supporting carers of, and providers for adults with learning disabilities and autism; who due to the complex nature of their specific needs, at times will require support outside of their home environments on occasions more than once a day.

Carers and providers will ensure social distancing guidance is followed, and should only support individuals at additional times to access outside open spaces when this is required for individual's health and wellbeing.

Adults with learning disabilities and autism have specific sensory and anxiety disorders that can impact significantly on their wellbeing, and as such impact on their carers and staff supporting them.

Cornwall Council and NHS Kernow Clinical Commissioning Group have sought authority from NHS England and Mark Boulton, Assistant Chief Constable Devon and Cornwall Police to support this approach as an exception to the national COVID 19 guidance. We hope that you will understand this requirement in this unprecedented time.

Many thanks for your understanding.

Yours sincerely,

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